

GET TAPPING!



SSI CHALLENGE

Learn **TAPPING** aka **EFT**
Emotional Freedom Techniques
The EFT 101 Discovery Workshop

40 days - **40** people
\$50 gift coupon

Jump-start Your New Life Reset in 2019!



stress
fears & anxiety
physical issues
emotional suffering
self-sabotage
bad habits
\$\$\$ survival ...



hope
energy
sleep
self- worth
clarity & purpose
creativity
peace & prosperity ...

Two Action Steps

1. Reserve your spot: there will be ongoing free 45 minute introductions to **Bringing the Heart Home** programs. Time and location see on website.
2. Step Up! Claim your \$50 gift.
Regular workshop cost is \$125 - You pay \$75

Offered by **Judith Gane, MA Psych**, Creator of
Bringing the Heart Home & THE FEELINGS LAB

For more information please contact Judith.

Judith Gane, MA Psych

Bringing the Heart Home & The Feelings Lab

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